

WORKSHEET 12

CHORE CHART

To stay on top of household chores, make a cleaning schedule. It's easier to clean a little bit every day than to try to clean a whole house in a few hours. Hang the chart on the refrigerator as a reminder. If there are other people who can help, delegate specific chores to them. Check off chores in the "done" column when finished.

Chore examples: laundry, take out trash, clean bathroom, clean kitchen, vacuum, sweep, mowing the yard, etc.

	DONE	CHORE
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		
SUNDAY		

Cleaning Supplies to Add to the Grocery List:

Add cleaning supplies you need here to remind yourself to buy more.

- _____
- _____
- _____
- _____
- _____