

WORKSHEET 5C APPOINTMENT DETAILS

Use this sheet to plan the details of an appointment in advance.

Date: _____

Time: _____

Location: _____

Provider Name: _____

Reason:

- Office Visit
- Imaging
- Lab Work
- Treatment
- Surgery
- Other _____

Transportation:

Lodging:

Questions for the Healthcare Team:

Notes:

Appointment Tote Bag Checklist

Don't forget to take these items with you, especially on long appointment days.

- Medical history
- List of medications
- Health insurance card
- List of questions
- Book, magazine, puzzle book
- Pen or pencil
- Music player and headphones
- Phone charger
- Blanket and/or extra cardigan
- Water bottle
- Snacks
- Toy, handheld game, or coloring book and crayons
- _____
- _____